



Delivering Solutions That Drive Success

ahcancal**ED** 

AHCA/NCAL

MEMBER SAVINGS PROGRAMS

Table of Contents

1. Workforce

- PHI Coaching Supervision®
- Pioneering Solutions to the Workforce Crisis
- Improving Staff Resiliency and Retention: An Action Plan that Works
- Self-Care: The Secret to Surviving!

2. Regulatory

- AHCA's Requirements of Participation eCompetencies®
- Informal Dispute Resolution (IDR) Toolkit

3. Quality Improvement

- Infection Preventionist Specialized Training
- QAPI Prep Course
- AAPACN Tools for SNF Nurses
- GERO Nurse Prep
- Discharges – Making the Safest Transition for Your Residents
- Creating Inclusive Communities for LGBTQI and HIV+ Older Adults

4. Behavioral Health and Dementia Care

- Trauma-Informed Care
- Behavioral Health: Regulatory Overview and Behavioral Health Services
- CARES On-Line Dementia Care Trainings
- CARES Serious Mental Illness Training

5. Revenue Cycle Management Academy

6. Assisted Living

- Advancing Assisted Living Leadership – It's Time to Level Up!
- Infection Prevention and Control "101" for Assisted Living
- Quality Assurance Performance Improvement "101" for Assisted Living

7. Functional Outcomes and Rehabilitation

- Functional Outcomes Improvement Training
- High-Intensity Physical Rehabilitation in Medically Complex Populations

8. COVID- 19 & Infection Prevention

- AHCA/NCAL Infection Control Certificate Program
- Grief, Trauma & the Impact of COVID-19 on Residents & Staff
- Inventory Supply Management for PPE & COVID-19 POC Testing
- Water Management
- Basics of Infection Prevention & Control in the Post-COVID World

9. Population Health Management (PHM) Innovation Lab

- Population Health Management Fundamentals
- Accountable Care Organizations
- Bundled Payments
- Emerging Models: Direct Contracting
- Managed Care
- Provider Networks

PHI Coaching Supervision®

The #1 reason long term care staff cite for quitting their jobs is their supervisors. PHI Coaching Supervision® promotes an approach to management that values and respects workers by creating and maintaining positive relationships and modeling effective communication. The goal of this training is to strengthen the core communication skills that are essential to good supervision: active listening; self-management and self-reflection; and clear, non-judgmental communication. Supervisors who use the approach find that with clear communication, high expectations, and supportive problem-solving, they can significantly reduce disciplinary actions and turnover among frontline workers while also improving relationships. Nurses and other managers are then able to reduce time spent handling complaints and daily operational issues. In turn, these outcomes contribute to better quality care and more satisfied clients.

CEs: 4.50 NAB approved CEs and 4.50 contact hours for nurses through the Iowa Board of Nursing will be awarded upon course completion.

Cost:

\$350 AHCA/NCAL members

\$650 Non-members

Audience: supervisory staff, including nurse supervisors, department heads, home care managers, and service delivery coordinators.

Visit PHICoaching.com to learn more.

If you need assistance accessing ahcancaLED, e-mail educate@ahca.org with your name and facility contact information.

Pioneering Solutions to the Workforce Crisis

By the year 2024, direct care workers are projected to add more new jobs in our economy than any other single occupation. The ability to achieve and sustain a competitive edge in this difficult labor market will require intentional steps to be the employer of choice in your community. This introductory webinar explores the demographics influencing the availability of workers, discusses threats stemming from other service sectors, and share a range of innovative practices from quick wins to longer term strategies that lead to significant improvements in recruitment and retention.

CEs: None

Cost:

\$25 AHCA/NCAL members

\$60 Non-members

Audience: Skilled nursing and assisted living supervisory staff, including nurse supervisors, department heads and service delivery coordinators.

Visit www.educate.ahcancal.org/p/workforcecrisis to learn more.

If you need assistance accessing ahcancalED, e-mail educate@ahca.org with your name and facility contact information.

Improving Staff Resiliency and Retention: An Action Plan that Works

Working in post-acute and long term care is incredibly rewarding. It is also stressful due to the demands and pressures that are faced on a daily basis. The workforce crisis and COVID-19 have exacerbated this stress creating even more challenges for those who work in long term care. This course is aimed at reinvigorating your passion for long term care by providing you with tools and resources you can immediately use to decrease your perceived stress levels and help your team members do the same to aid with staff retention. Self-care is essential and is the key to self-managing stressful situations. If you are not taking care of yourself first, how can you be expected to take care of others? It is time to put yourself first! Mindfulness-based stress reduction learned in this training can help put self-care back into your daily routine and support you in doing what you do best.

This course is aimed at reinvigorating individual passion for long-term care by providing the tools and resources needed to decrease perceived stress levels and help other team members do the same to aid with staff retention. After attending this session, participants will be able to:

- Identify stressful situations within their environment.
- Employ stress reduction techniques that work.
- Decrease their overall perceived stress levels.

CEs: 3.50 NAB, 3.0 IBON

Cost :

\$199 for AHCA/NCAL members

\$249 for non-members

Audience: All staff members

Visit ahcanca.org/LessStress to learn more

If you need assistance accessing ahcancaLED, e-mail educate@ahca.org with your name and facility contact information.

Self-Care: The Secret to Surviving!

Long term care facilities are incredibly stressful environments. Working with people can be stressful. The staffing crisis and COVID-19 have exacerbated the stress creating even more challenges for those who work in long term care. This session is aimed at reinvigorating your passion for long term care by providing you with tools and resources you can immediately use to decrease your perceived stress levels and help your team members do the same. Self-care is absolutely essential and is the secret to surviving stressful situations. If you are not taking care of yourself first, how can you be expected to take care of others. It is time to put yourself first!

This is an abbreviated course that includes an interactive quiz to help individuals measure their stress levels followed by strategies that can be individualized to cope with that stress.

Managers and supervisors are encouraged to make this course available to staff members experiencing stress and to use the course as a preventative educational tool to help employees cope with inevitable work stresses.

CEs: None

Cost:

\$25 AHCA/NCAL members

\$65 Non-members

\$350 AHCA/NCAL Member Only: One- Year - Facilities will use one individual's login to access the material throughout the year that may viewed individually or in small groups as part of staff in-service trainings.

Audience: Managers, supervisors, and staff members experiencing stress

Visit ahcancal.org/LessStress to learn more

If you need assistance accessing ahcancalED, e-mail educate@ahca.org with your name and facility contact information.

AHCA Requirements of Participation eCompetencies®

[AHCA Requirements of Participation eCompetencies®](#) is designed specifically to help skilled nursing facilities comply with F-Tag 726 under CMS' Requirements of Participation (ROP). The program offers an extensive library of evidence-based skills checklists that allow evaluators to assess and document staff skills in real time. Videos are included to aid in skill progression and remediation. *AHCA's ROP eCompetencies®* is a comprehensive competency tool that is inter-disciplinary and relevant to all skilled nursing facility staff.

One-Year Subscription Cost:

- AHCA/NCAL Member Pricing for facilities with 0-200 Staff Members per facility: **\$1,500.00**
- AHCA/NCAL Member Pricing for facilities with 201+ Staff Members per facility: **\$2,000.00**
- AHCA/NCAL Non-Member Pricing for facilities with 0-200 Staff Members per facility: **\$2,000.00**
- AHCA/NCAL Non-Member Pricing for facilities with 201+ Staff Members per facility: **\$2,500.00**

Audience: All nursing facility staff.

CEs: None.

Visit www.AHCAecomp.com to learn more.

If you need assistance accessing ahcancaLED, e-mail educate@ahca.org with your name and facility contact information.

Informal Dispute Resolution (IDR) Toolkit

Both the toolkit, and the webinar, were developed to assist nursing facilities in determining if an IDR is an appropriate tool to use after survey where the results need to be disputed, by the facility. Additionally, the webinar assists facilities through the process of completing an IDR and informs learners about areas that may vary based on state processes. The IDR process is not one providers do often so this tool is a helpful aide in completing a task that can sometimes seem confusing and intimidating.

CEs: None

Cost:

Free Individual AHCA/NCAL Members

\$65 Individual Non-members

Audience: Administrators, Assistant Administrators, AITs and Regional Directors.

Visit [Informal Dispute Resolution \(IDR\) Toolkit](#) to learn more.

If you need assistance accessing ahcancalED, e-mail educate@ahca.org with your name and facility contact information.

Infection Preventionist Specialized Training (IPCO)

AHCA's [Infection Preventionist Specialized Training](#) (IPCO) is a specialized course of study for healthcare professionals who desire to serve as Infection Preventionists (IPs) as established in the CMS Reform of Requirements of Participation for Long Term Care Facilities. Through this program, individuals will be specially trained to effectively implement and manage an Infection Prevention and Control Program in a nursing facility or assisted living community. CMS and AHCA both recommend that nursing facilities have at least two Infection Preventionists.

It addresses both clinical and organizational systems, processes and cultural aspects of infection prevention and control which are fundamental to effectively leading and administering a center's Infection Prevention & Control program. AHCA's IPCO Training Certificate is valid for three years at which time it must be renewed.

This updated version incorporates information from the COVID-19 pandemic, the most recent regulatory requirements as well as sections on Candida auris, Multi-Drug Resistant Organisms (MDROs), and Enhanced Barrier Precautions (EBP). Additionally, there is an entire section about operating an effective water management program.

CEs: 25 ANCC Nursing Credits and 22 NAB CEs

Cost:

\$450 AHCA/NCAL members

\$650 Non-members

Audience: Nurses, Administrators, Nursing Home Leadership/Management (Clinical & Non-Clinical Leaders)

Visit www.ahcancal.org/IPCO to learn more.

AHCA's IPCO Training Certificate is valid for three years at which time it must be renewed. For information about renewing training certificates, visit educate.ahcancal.org/p/IPCOExam.

If you need assistance accessing ahcancalED, e-mail educate@ahca.org with your name and facility contact information.

QAPI Prep

QAPI is the key to continuous growth and sustained performance improvement. An effective QAPI program requires full interdisciplinary team participation and a data-driven approach that can be turned into action plans that minimize risk, maximize efficiencies, and improve resident outcomes.

This AAPACN-developed education program will help AHCA/NCAL members:

- Conduct a Root Cause Analysis with simple directions and realistic examples
- Lead an effective and efficient team meeting using a tip sheet to assist with agenda preparation
- Use team decision-making techniques that can be applied to many different situations
- Become comfortable using data to drive improvement and prioritize what corrective actions should be taken
- Work through a PIP by following a realistic example of a Hand Hygiene Compliance PIP

CEs: 16.21 ANCC CEs for nurses and 18.50 NAB CEs for administrators.

Cost: \$461

Visit www.QAPIprep.com to learn more.

If you need assistance accessing ahcancaLED, e-mail educate@ahca.org with your name and facility contact information.

AAPACN Tools for SNF Nurses

Through a partnership with the American Association of Post-Acute Care Nursing (AAPACN), AHCA members can now [access tools](#) designed to help skilled nursing professionals manage documentation, quality measures and resident safety. These tools provide nursing staff with the training they need to effectively review and update their systems and processes for compliance with CMS' Requirements of Participation.

Through a partnership with the American Association of Post-Acute Care Nursing (AAPACN), The resources for nursing facility nurses listed below are available to AHCA members at AAPACN member prices which are 50% less than non-member prices when ordered [here](#).

The Guide to Enhanced Resident Safety

Gain an understanding of the process for conducting a thorough investigation and how to use provided tools to set up consistent and ongoing surveillance and trending of incidents and adverse events. This two-volume set includes *A QAPI Approach to Incidence Surveillance* and *Incident Management*. \$141 AHCA and AAPACN Member Price.

Documentation Toolkit for Nurse Leaders

Use this set of tools and resources to systematically apply the four pillars of documentation – nursing process, skills and competency, clinical leadership, and organizational management—and ensure accurate reimbursement. \$94 AHCA and AAPACN Member Price.

Quality Measures Survival Guide

The QM Survival Guide details over 40 Quality Measures (QMs) in one place, eliminating the need to search through multiple sources. The PDF features detailed information, MDS audits, and numerous links to important resources. Audit for the more than 40 Quality Measures (QMs) originating from three different quality initiative programs. \$62 AHCA and AAPACN Member Price (includes the *At-a-Glance* tool listed below).

At-a-Glance QM, QRP, and VBP tool—only

This tool is included in the Quality Measures Survival Guide but can be purchased separately.



COST: \$20 AHCA and AAPACN Member Price.

Audience: All nursing facility nurses and corporate clinical staff.

www.aapacn.org/exclusive-discounts-for-ahca-members/

If you need assistance accessing ahcancalED, e-mail educate@ahca.org with your name and facility contact information.

AHCA/NCAL Gero Nurse Prep

Specifically designed for registered nurses working in long term care, the AHCA/NCAL [Gero Nurse Prep course](#) provides comprehensive online training that leads to [board certification in gerontological nursing](#) by the [American Nurses Credentialing Center](#) (ANCC) for RNs.

Research conducted by AHCA/NCAL in 2023 found that nursing facilities with at least one ANCC Board certified RN experienced fewer deficiencies, had lower re-hospitalization rates, and significantly higher CMS Star ratings – echoing similar research findings from 2016 and 2019.

Nurses who complete Gero Nurse Prep show an average 24 percent increase between their pre- and post-course test scores. Gero Nurse Prep grads who choose to sit for the ANCC gerontological nursing certification exam (\$395 separate fee paid to ANCC) have a pass rate of 94% on their first try. RNs who pass the ANCC exam can then use the GERO-BC™ credential after their RN credential.

CEs: 30 nursing contact hours – enough to meet the criteria for taking the ANCC certification exam.

Cost: \$790 (Use the [AHCAPAYLESS](#) promo code when registering and save \$100 off the regular \$790 Gero Nurse Prep registration fee.)

Audience: All RNs and BSNs. ANCC has additional requirements that must be met to sit for the ANCC certification exam.

Visit www.geronurseprep.com **to learn more.**

If you need assistance accessing ahcancaLED, e-mail educate@ahca.org with your name and facility contact information.

Discharges- Making the Safest Transition for Your Residents

Discharges, Making the Safest Transition for your Residents is a Webinar created by AHCA Regulatory staff to assist facility staff in understanding regulations related to planning, preparing, and discharging residents safely. The Webinar provides real-life scenarios of difficult discharge situations, and how to stay in compliance when these situations arise.

CEs: None

Cost:

Free AHCA/NCAL Members

\$65 Individual Non-members

Audience: Administrators, Social Workers, Directors of Nursing, Regional Directors, Regional Nurse Consultants, and potentially Risk Management Professionals.

Visit [Discharges- Making the Safest Transition for Your Residents](#) to learn more

If you need assistance accessing ahcancaLED, e-mail educate@ahca.org with your name and facility contact information.

Creating Inclusive Communities for LGBTQI and HIV+ Older Adults

What are some of the unique concerns, needs, and strengths of your residents who are also lesbian, gay, bisexual, and/or transgender? How can your staff make sure that all residents, including LGBT people, are safe and affirmed in your community? This training covers the key information and skills that are key to creating an inclusive environment. The training focuses on terminology, the history of the LGBT experience, and common questions and scenarios to make sure your staff is skilled at LGBT cultural competency.

After completing this online learning module, participants will be able to:

- Describe the unique needs of LGBT older adults.
- Provide reasons why LGBT older adults may hide their LGBT identities or be fearful of accessing services.
- Identify practices to create a more welcoming and supportive environment

Audience: All staff and leadership in long-term care facilities.

CEs: 1.25 NAB approved CEs upon course completion.

Cost: \$150 for AHCA/NCAL Members

Facility Group/ Team Purchase Option is available. This option does not offer CEs to the group. Group subscriptions are valid for 18 months from date of purchase.

Group Registration Cost:

- \$400 for facilities with staff 1-25
- Additional group rates for facilities with 25+ staff

Visit [CreatingInclusiveCommunities.com](https://www.ahca.org/creating-inclusive-communities) to learn more.

If you need assistance accessing ahcancalED, e-mail educate@ahca.org with your name and facility contact information.

Trauma-Informed Care

Trauma-Informed Care (TIC) is a regulatory requirement for nursing facilities. Nine CMS F-tags cover TIC-related requirements. TIC is also an approach to care that requires specific staff competency as well as a system of care delivery to achieve the intent of the regulation and provide the necessary support to care for residents who may suffer from trauma.

This nine-module course provides education to help nursing home providers implement TIC in their facility with staff who are appropriately trained and competent to care for residents who are at risk for re-traumatization. The joint AAPACN/AHCA-developed training contains foundational steps and practical recommendations that can help improve resident outcomes.

CEs: 5.10 ANCC CEs for nurses and 5.75 NAB CEs for administrators.

Cost:

\$350 AHCA/NCAL Members

\$650 Non-members

Audience: Nurses, clinical leaders, administrators, and Social Workers

Visit [TraumaCareTraining.com](https://www.traumacaretraining.com) to learn more.

If you need assistance accessing ahcancalED, e-mail educate@ahca.org with your name and facility contact information.

Behavioral Health: Regulatory Overview and Behavioral Health Services

This package includes two separate courses:

Behavioral Health: Regulatory Overview, participants will be able to:

- Understand the regulation, definitions, and guidance surrounding Behavioral Health regulations and caring for those with mental disorders and substance use disorders (SUD).
- Apply regulation changes with real-life case study examples related to caring for those with mental disorders and substance use disorders.
- Recognize operational changes needed to meet updated guidance and regulatory requirements.

CEs: None

Cost:

Free – individual AHCA/NCAL Members

\$65 – individual Non-members

Audience: Administrators, assistant administrators, AITs, DONs, ADONs, nurses, Social Workers and clinical staff

Behavioral Health Services: Diagnosis, Treatments, Interventions, & Care Plan Considerations, participants will be able to:

- Understand different types of behavioral health diagnosis, such as trauma, PTSD, Depression, Anxiety, and Substance Use Disorder
- Understand treatment and non-pharmacological interventions.
- Understand the importance of person-centered care planning.
- Understand use of a behavioral health contract.
- Application of F689 (Accidents & Incidents) to Substance Use Disorder

CEs: None



Cost:

Free – individual AHCA/NCAL Members

\$65 – individual Non-members

Audience: Administrators, assistant administrators, AITs, DONs, ADONs, nurses, Social Workers and clinical staff

Visit [Behavioral Health: Regulatory Overview and Behavioral Health Services](#) to learn more.

If you need assistance accessing ahcancalED, e-mail educate@ahca.org with your name and facility contact information.

CARES Online Dementia Care Trainings

HealthCare Interactive's CARES® Dementia Basics™ module is recognized by the Alzheimer's Association® for successfully incorporating the evidence-based Dementia Care Practice Recommendations in the following topic areas: Alzheimer's and dementia, person-centered care, assessment and care planning, activities of daily living, and behaviors and communication. This course is also available [in Spanish](#).

CARES® training is unique because it also includes actual direct-care video "before and after" training with an easy-to-use, easy-to-remember approach to dementia care called the CARES® Approach (C-Connect, A-Assess Behavior, R-Respond, E-Evaluate, and S-Share). The CARES® Approach can be used in any situation, with any person with dementia, and at any stage of the disease.

After staff complete CARES® *Dementia Basics*, consider additional CARES online programs including:

- CARES® Dementia Advanced Care™
- CARES® Dementia-Related Behavior™
- CARES® Activities of Daily Living™
- CARES® End-of-Life Dementia Care™
- CARES® Dementia Care for Families™
- CARES® Elder Abuse Awareness & Prevention™
- CARES® Serious Mental Illness™ Online Training Program
- CARES® Dementia-Friendly Hospitals™

CES: None. Certification is available through HealthCare Interactive.

Cost: \$99 per individual course per person. Multi-user and site licenses available. All AHCA/NCAL members receive a 15% discount on all purchases when using **promo code AHCA15** at checkout.

Audience: All nursing facility and assisted living staff.

Visit www.hcinerative.com to learn more.

If you need assistance accessing ahcancaLED, e-mail educate@ahca.org with your name and facility contact information.

Revenue Cycle Management Academy

[Revenue Cycle Management \(RCM\) Academy](#) delivers concrete strategies for skilled nursing facilities to secure earned dollars, minimize unnecessary losses, and stay paid. Building a deeper understanding of the myriad SNF payor differences is essential for effective RCM and revenue flow.

RCM Academy teaches:

- RCM 101 Basics
- Billing and Admission Essentials
- Billing by Payor – Medicare, Medicaid, Medicare Advantage & Duals

Who Should Take This Course:

- SNF Business Office Managers, Billers & Accountants New to LTC
- All Administrators in Training (AITs)
- Newer Administrators & Nurse Leaders

CEs: 6.75 NAB approved CEs

Cost:

\$350 AHCA/NCAL members

\$650 Non-members

\$1,000 Single AHCA Member Only Facility Registration with Unlimited 2023 Facility Staff Access (NO NAB CEs OFFERED)

Audience: Newer business office managers, billers, accountants, administrators, nurse leaders and all AITs.

Visit RCMacademy.ahcancal.org to learn more.

If you need assistance accessing ahcancaLED, e-mail educate@ahca.org with your name and facility contact information.

Advancing Assisted Living Leadership – it's Time to Level Up!

Assisted Living organizations have faced numerous challenges over the past decade. Long term care has shifted to providing care and services to more acutely ill residents than ever before. Assisted Living Administrators and nurses have the task of knowing and understanding state specific regulations, standards of practice, and how to implement them effectively. Leaders must balance the technical skills of running an assisted living community with the essential soft skills of being a team leader. Technical skills and leadership skills are necessary to effectively run a successful organization. It is time to level up your leadership skills.

[Advancing Assisted Living Leadership – it's Time to Level Up!](#) Will help you take your leadership skills to the next level by adopting the right mindset and communication practices. In addition, you will learn the critical role you play in mission, vision, and values for your team and your organization. Learners will build their knowledge about emotional intelligence, conflict resolution, relationships navigation, and the power that data holds.

Cost:

\$199 NCAL Member

\$650 Non-member

CEs: NAB CE's will be available upon completion of all modules in the training series.

Audience: This course is appropriate for administrators, nurses, and department managers working in assisted living.

Visit [Advancing Assisted Living Leadership – it's Time to level Up!](#) to learn more

If you need assistance accessing ahcancaLED, e-mail educate@ahca.org with your name and facility contact information.

Infection Prevention and Control “101” for Assisted Living

COVID-19 sheds a spotlight on the need to improve infection prevention and control (IPC) programs in long term care. With emerging communicable diseases, including multidrug resistant organisms (MDROs), it is important for assisted living team members to understand standard, contact, and airborne precautions. This session reviews what an effective assisted living IPC program should include, the role quality improvement plays in assisted living IPC, the importance of understanding IPC precautions, and identifies the key stakeholders to engage in an IPC program.

After this 60-minute session, participants will be able to:

- Describe the significance of infections.
- Explain the chain of infection and how infection spreads.
- Discuss how to prevent the spread of infections.
- Identify elements to include in a written infection prevention and control program.
- Recognize themes and underlying causes of deficient infection prevention and control practices.

Cost:

\$25 Individual NCAL members

\$65 Non-members

CEs: None

Audience: All in assisted living

Visit [Infection Prevention and Control “101” for Assisted Living](#) to learn more

If you need assistance accessing ahcancaLED, e-mail educate@ahca.org with your name and facility contact information.

Quality Assurance Performance Improvement “101” for Assisted Living

Why do we work in long term care? The answer is simple. We are here to support the residents and provide them with the best quality of life, and care, for however long they have with us while we continuously try to improve outcomes. How can we improve the outcomes for residents as well as staff? Again, the answer is simple. Facilities must be engaged in continuous quality improvement efforts, data collection, and system improvement processes.

This 60-minute training course, participants will be able to:

- Describe what quality assurance performance improvement is.
- Discuss steps to implement a quality assurance performance improvement program.
- Explain how to do a root cause analysis.

CEs: None

Cost:

\$25 NCAL members

\$65 Non-members

Audience: All in Assisted Living

Visit [Quality Assurance Performance Improvement “101” for Assisted Living](#) to learn more

If you need assistance accessing ahcancalED, e-mail educate@ahca.org with your name and facility contact information.

Functional Outcomes Improvement Training

Skilled nursing care providers improve the lives of the residents they care for in a number of ways, including improving their functional outcomes and independence. The Medicare Payment Advisory Commission (MedPAC), the IMPACT Act, and CMS all called for the development of functional improvement measures based on the self-care and mobility sections of the Continuity Assessment Record and Evaluation (CARE) tool. Maintaining or improving mobility and self-care abilities is important to healthy aging and maximizing independence. This course provides specialized training for those who are interested in improving functional outcomes, improving quality, and improving services. It advances the knowledge, skills and attitudes by providing a wide array of learning tools and resources to meet the needs of various staff and departments.

CEs: 6.5 NAB CE credits for administrators and 6.0 contact hours for nurses through the Iowa Board of Nursing.

Cost: \$199 AHCA/NCAL Member

\$650 Non-member

Audience: Nurses, CNAs, therapists, activities staff and others responsible for improving functional outcomes will learn from this course.

Visit

www.educate.ahcancal.org/p/FunctionalOutcomesImprovement

to learn more.

If you need assistance accessing ahcancalED, e-mail educate@ahca.org with your name and facility contact information.

High-Intensity Physical Rehabilitation in Medically Complex Populations

Many older adults are at risk for functional decline due to underlying medical complexity, as well as deconditioning following a bout of inpatient care. This course presents an evidenced-based approach for the implementation of a high intensity progressive rehabilitation paradigm, offered as an evolution of current, lower intensity post-acute treatment approaches to address this constellation of needs. Rehabilitation professionals (Physical Therapist & Physical Therapist Assistant; Occupational Therapist & Occupational Therapy Assistant) will have access to an interactive multimedia learning experience including responsive, self-paced presentation of foundational concepts, simulated case scenarios, and a moderated discussion environment for learning with fellow clinicians – all informed by the latest learning science and innovative technology.

CEs: N/A

Cost:

\$495 member and for an employee or contracted employee registering as affiliated with an AHCA member facility

\$595 non-member registrants

Audience: Rehabilitation professionals (Physical Therapist & Physical Therapist Assistant; Occupational Therapist & Occupational Therapy Assistant)

Visit

<https://educate.ahcancal.org/p/restore>

to learn more.

If you need assistance accessing ahcancalED, e-mail educate@ahca.org with your name and facility contact information.

AHCA/NCAL Infection Control Certificate Program

[AHCA/NCAL's Infection Control Certificate Program](#) features five eLearning modules and five *eCompetencies*® focused on infection control. eLearning modules are designed to provide staff with basic knowledge in the following:

- a. Infection Prevention and Control for All Staff
- b. Coronavirus Disease (COVID-19)
- c. Personal Protective Equipment (PPE)
- d. Hand Hygiene
- e. COVID-19: PPE Guidance for Use

Complete evidence-based digital checklists allow evaluators to confirm step-by-step knowledge and skill staff competency for:

- a. Personal Protective Equipment (PPE): Applying and Removing
- b. Handwashing
- c. Surgical Face Mask: Application and Removal
- d. N95 Respirator Application and User Seal Check
- e. Cleaning and Disinfecting Environmental Surfaces

Providers that participate will have access to a marketing tool kit to support their facilities' need to publicize their commitment to staff education about infection control.

One-Year Subscription Cost:

- AHCA/NCAL Member Pricing for facilities with 0-200 Staff Members per facility: **\$1,500.00**
- AHCA/NCAL Member Pricing for facilities with 201+ Staff Members per facility: **\$2,000.00**
- AHCA/NCAL Non-Member Pricing for facilities with 0-200 Staff Members per facility: **\$2,000.00**
- AHCA/NCAL Non-Member Pricing for facilities with 201+ Staff Members per facility: **\$2,500.00**

Audience: All nursing facility and assisted living staff.

CEs: None

Visit [AHCAInfectionControl.com](https://www.AHCAInfectionControl.com) to learn more.



If you need assistance accessing ahcancalED, e-mail educate@ahca.org with your name and facility contact information.

Grief, Trauma, & The Impact of COVID-19 on Residents & Staff

This three-part training will provide a comprehensive overview of COVID-19, as well as grief and trauma and the impact it has on residents and staff. The first part reviews COVID-19 and the impact it has on the grief process. Participants are encouraged to review all three parts to gain the full insight of the impact COVID-19 has had and the connection to grief and trauma. The second part reviews COVID-19 and the impact it has on trauma as well as providing trauma-informed care to both residents and staff. The third part reviews the core practices for providing care to both residents and staff and the relationship to trauma, grief, and COVID-19.

CES: 3.50 NAB approved CEs and 3.0 contact hours for nurses through the Iowa Board of Nursing will be awarded upon successful completion of the quiz.

Cost:

\$100 AHCA/NCAL members

\$450 Non-members

Audience: All staff and leadership in long-term care facilities.

Facility Group/ Team Purchase Option is available. This option does not offer CEs to the group.

Group Registration Cost:

\$250 AHCA/NCAL members

\$650 Non-members

Visit

www.educate.ahcancal.org/CopingWithCovid

to learn more.



If you need assistance accessing ahcancalED, e-mail educate@ahca.org with your name and facility contact information.

Inventory Supply Management for PPE and COVID-19 Point of Care Testing

Fluctuating demand for PPE along with the expanded use of PPE because of COVID-19 and other infectious agents (e.g., multi-drug resistant organisms), coupled with the fluctuating availability of PPE, has created the need for a robust PPE inventory management program. This same need also exists for COVID-19 point-of-care testing equipment and supplies.

The PPE and POC Testing Inventory Supply Management training is a case-based learning program that incorporates technical skills with real-life examples to illustrate the critical component that inventory and supply management brings to the facility and its success during day-to-day operations as well as when outbreaks occur. Through this training, participants will identify how to predict conventional use inventory needs versus outbreak status when contingency or crisis capacity may be needed. Facilities will learn to identify how regular workweek needs versus weekend or holiday needs may differ in terms of how to navigate the changing environment of PPE and COVID-19 testing needs. Participants will gain knowledge and insight on inventory rotation to prevent supplies from expiring as well as the unique needs of stand-alone facilities versus those of corporate chains. Case examples are utilized to engage learners in accessing the situation and identifying best practices moving forward. Participants also gain knowledge and skills about how to predict when acute shortages may occur and how to navigate the process of accessing facility needs and adjusting based on the assessment findings.

CEs: 4.50 NAB approved CE's and 4.50 contact hours for nurses through the Iowa Board of Nursing will be awarded upon course completion and successful completion of a quiz.

Cost:

\$199 AHCA/NCAL Members

\$650 Non-members

Audience: Nurses, Administrators, Nursing Home Leadership/Management (Clinical & Non-Clinical Leaders)

Visit PPEsupplytraining.com to learn more.

If you need assistance accessing ahcancalED, e-mail educate@ahca.org with your name and facility contact information.

Water Management

Post-acute, assisted living and skilled nursing facilities provide care and services to vulnerable populations who may become critically ill when steps are not taken to reduce the risk of waterborne diseases. To maintain daily operations and care services, long term care facilities need to develop an effective water management plan to prepare for, respond to, and recover from a total or partial interruption of the facility's normal water supply. The water management course provides post-acute and long-term care facilities with information about what a water management plan is, how to identify the elements of an effective water management program, and how to develop and maintain a comprehensive water management program in your facility.

Cost:

\$25 AHCA/NCAL Member

\$65 Non-member

CEs: None

Audience: Administrators, building operation engineers and maintenance personnel.

Visit

www.educate.ahcancal.org/p/WaterManagement

to learn more.

If you need assistance accessing ahcancalED, e-mail educate@ahca.org with your name and facility contact information.

Basics of Infection Prevention & Control in the Post-COVID World

The COVID-19 pandemic has challenged infection prevention and control practices. Teach your team the [Basics of Effective Infection Prevention](#) and COVID risks.

This 50-minute training course,

- Describes what COVID-19 is, how it spreads and who is most at risk
- Identifies the signs and symptoms of COVID-19 and other variants
- Explains staff members' roles in reporting suspicions of respiratory illnesses
- Discusses key considerations for "return to work"
- Reviews the universal basics of essential infection prevention and control practices
- Addresses common PPE and handwashing errors

CEs: None

Cost:

\$25 Individual AHCA/NCAL Members

\$65 Individual Non-members

AHCA/NCAL Member Only One-Year Facility Subscription Fee: \$500 (*Facilities will use one individual's login to access the material throughout the year that may viewed individually or in small groups as part of staff in-service trainings.*)

Audience:

This course is appropriate for all levels of staff members in skilled nursing, assisted living, and ID/DD facilities.

Visit [Basics Of Infection Prevention & Control In The Post-COVID-19 World](#) to learn more

If you need assistance accessing ahcancaLED, e-mail educate@ahca.org with your name and facility contact information.

Population Health Management (PHM) Innovation Lab

Population Health Management Fundamentals

Population Health Management (PHM) is a term that describes the application of various interventions and strategies aimed at improving the health outcomes and managing the costs of a targeted group of individuals. PHM models vary based on the degree of risk, degree to which payment is tied to quality, reliance on data analytics, and level of care coordination.

Historically, population health models have been led by hospitals, health systems, physician groups and large insurance organizations. More recently long-term care (LTC) and post-acute care (PAC) providers have been assuming a leadership role in developing and employing some PHM models.

Accountable Care Organizations

Accountable Care Organizations (ACOs) are one of the largest alternative payment models in Medicare, and they also exist in Medicaid and commercial payors.

ACOs are networks of physicians, hospitals, and other healthcare providers that voluntarily come together to coordinate care and manage the total costs of a defined population, sharing in the financial risks and rewards of performance against benchmarks and on patient outcomes.

Bundled Payments

Bundled payments are a type of alternative payment model designed to incentivize high quality, cost-effective care. Bundled payments, also known as episode-based payments, are single payments for all care and services provided, which could include multiple settings, for a single condition over a defined period of time (episode of care).

Emerging Models: Direct Contracting

Direct Contracting (DC) is part of The Center for Medicare and Medicaid Innovation's (CMMI) Primary Care Initiative and was released in April 2019. It is one of the newest Medicare fee-for-service (FFS) risk sharing models built on lessons learned from the Medicare Shared Savings Program (MSSP) and Next Generation ACOs (NGACOs) and leverages innovative approaches from Medicare Advantage (MA) and private sector risk-sharing arrangements. The design is intended to broaden participation beyond current participants in Medicare FFS risk models by attracting traditional providers new to risk as well as other innovative partnerships/organizations looking to take risk for Medicare FFS beneficiaries.

Managed Care

Managed care involves a healthcare delivery system that encompasses care, services, and payment and seeks to control costs and enhance quality through the establishment of provider networks and employment of utilization management strategies.



Provider Networks

Provider networks are a joint venture of independent providers that come together to focus on the benefits for the residents, enhance quality outcomes, and work on value-based reimbursement.

CEs: N/A

Cost: Free to AHCA/NCAL members

Visit

PHMIInnovationLab.com

to learn more.

If you need assistance accessing ahcancalED, e-mail educate@ahca.org with your name and facility contact information.