











#### **Table of Contents**

#### 1. COVID- 19 & Infection Prevention

- a. Infection Preventionist Specialized Training IPCO Version 2
- b. AHCA/NCAL Infection Control Certificate Program
- c. Grief, Trauma & the Impact of COVID-19 on Residents & Staff
- d. Infection Prevention & Control in the Post-COVID-19 World
- e. Inventory Supply Management for PPE & COVID-19 POC Testing
- f. Water Management

#### 2. Workforce

- a. PHI Coaching Supervision
- b. Pioneering Solutions to the Workforce Crisis
- c. Gero Nurse Prep
- d. QAPI Prep Course
- e. Creating Inclusive Communities for LGBTQI and HIV+ Older Adults

#### 3. Revenue Cycle Management Academy

#### 4. Behavioral Health & Trauma -Informed Care

- a. Trauma-informed Care
- b. CARES On-Line Dementia Care Trainings
- c. CARES Serious Mental Illness Training

#### 5. AHCA's Requirements of Participation eCompetencies®

#### 6. PDPM

a. Person-Centered Care in a PDPM World

#### 7. Functional Outcomes and Rehabilitation

- a. Functional Outcomes Improvement Training
- b. High-Intensity Physical Rehabilitation In Medically Complex Populations

#### 8. Population Health Management (PHM) Innovation Lab

- a. Population Health Management Fundamentals
- b. Accountable Care Organizations
- c. Bundled Payments
- d. Emerging Models: Direct Contracting
- e. Managed Care
- f. Provider Networks





#### **Infection Preventionist Specialized Training - IPCO Version 2**

AHCA's Infection Preventionist Specialized Training (IPCO) is a specialized course of study for healthcare professionals who desire to serve as Infection Preventionists (IPs) as established in the CMS Reform of Requirements of Participation for Long Term Care Facilities. Through this program, individuals will be specially trained to effectively implement and manage an Infection Prevention and Control Program in a nursing facility or assisted living community. CMS and AHCA both recommend that nursing facilities have at least two Infection Preventionists.

It addresses both clinical and organizational systems, processes and cultural aspects of infection prevention and control which are fundamental to effectively leading and administering a center's Infection Prevention & Control program. AHCA's IPCO Training Certificate is valid for three years at which time it must be renewed.

This updated version incorporates information from the COVID-19 pandemic, the most recent regulatory requirements as well as sections on Candida auris, Multi-Drug Resistant Organisms (MDROs), and Enhanced Barrier Precautions (EBP). Additionally, there is an entire section about operating an effective water management program.

CEs: 25 ANCC Nursing Credits and 22 NAB CEs

Cost:

\$450 AHCA/NCAL members

\$650 Non-members

**Audience:** Nurses, Administrators, Nursing Home Leadership/Management (Clinical & Non-Clinical Leaders)

Visit <u>www.ahcancal.org/IPCO</u> to learn more.

Is it time to renew your AHCA Infection Preventionist Specialized Training (IPCO) certificate? Visit educate.ahcancal.org/p/IPCOExam for more information.





#### **AHCA/NCAL Infection Control Certificate Program**

<u>AHCA/NCAL's Infection Control Certificate Program</u> features five eLearning modules and five eCompetencies® focused on infection control. eLearning modules are designed to provide staff with basic knowledge in the following:

- a. Infection Prevention and Control for All Staff
- b. Coronavirus Disease (COVID-19)
- c. Personal Protective Equipment (PPE)
- d. Hand Hygiene
- e. COVID-19: PPE Guidance for Use

Complete evidence-based digital checklists allow evaluators to confirm step-by-step knowledge and skill staff competency for:

- a. Personal Protective Equipment (PPE): Applying and Removing
- b. Handwashing
- c. Surgical Face Mask: Application and Removal
- d. N95 Respirator Application and User Seal Check
- e. Cleaning and Disinfecting Environmental Surfaces

Providers that participate will have access to a marketing tool kit to support their facilities' need to publicize their commitment to staff education about infection control.

#### **One-Year Subscription Cost:**

- AHCA/NCAL Member Pricing for facilities with 0-200 Staff Members per facility:
   \$1,500.00
- AHCA/NCAL Member Pricing for facilities with 201+ Staff Members per facility: \$2,000.00
- AHCA/NCAL Non-Member Pricing for facilities with 0-200 Staff Members per facility: \$2,000.00
- AHCA/NCAL Non-Member Pricing for facilities with 201+ Staff Members per facility: \$2,500.00

Audience: All nursing facility and assisted living staff.

CEs: None

Visit

**AHCAInfectionControl.com** 

to learn more.





#### Grief, Trauma, & The Impact of COVID-19 on Residents & Staff

This three-part training will provide a comprehensive overview of COVID-19, as well as grief and trauma and the impact it has on residents and staff. The first part reviews COVID-19 and the impact it has on the grief process. Participants are encouraged to review all three parts to gain the full insight of the impact COVID-19 has had and the connection to grief and trauma. The second part reviews COVID-19 and the impact it has on trauma as well as providing trauma-informed care to both residents and staff. The third part reviews the core practices for providing care to both residents and staff and the relationship to trauma, grief, and COVID-19.

**CES**: 3.50 NAB approved CEs and 3.0 contact hours for nurses through the lowa Board of Nursing will be awarded upon successful completion of the quiz.

#### Cost:

\$100 AHCA/NCAL members

\$450 Non-members

**Audience**: All staff and leadership in long-term care facilities.

Facility Group/ Team Purchase Option is available. This option does not offer CEs to the group.

#### **Group Registration Cost**:

\$250 AHCA/NCAL members

\$650 Non-members

#### Visit

www.educate.ahcancal.org/CopingWithCovid

to learn more.





#### Infection Prevention & Control in the Post-COVID-19 World

This course reviews how COVID-19 spreads, how to track and report the illness including the regulatory requirements for infection prevention and control. It reviews the basics of infection prevention and control practices and will look at the future of infection prevention and control. The course describes the process for cohorting and utilizing testing to inform cohorting practices. It looks at how to conduct self-assessment processes to continually evaluate and improve the infection prevention and control program in long term care centers. Lastly, the course reviews the process and necessity of screening practices and notifications to residents, families, and their representatives including the importance of communication.

**CEs**: 3.0 NAB approved CEs and 3 contact hours for nurses through the lowa Board of Nursing will be awarded upon successful completion of the quiz.

#### Cost:

\$199 AHCA/NCAL members

\$249 non-members

**Audience**: Nurses, Administrators, Nursing Home Leadership/Management (Clinical & Non-Clinical Leaders)

#### **Visit**

www.educate.ahcancal.org/InfectionPrevention

to learn more.





## Inventory Supply Management for PPE and COVID-19 Point of Care Testing

Fluctuating demand for PPE along with the expanded use of PPE because of COVID-19 and other infectious agents (e.g., multi-drug resistant organisms), coupled with the fluctuating availability of PPE, has created the need for a robust PPE inventory management program. This same need also exists for COVID-19 point-of-care testing equipment and supplies.

The PPE and POC Testing Inventory Supply Management training is a case-based learning program that incorporates technical skills with real-life examples to illustrate the critical component that inventory and supply management brings to the facility and its success during day-to-day operations as well as when outbreaks occur. Through this training, participants will identify how to predict conventional use inventory needs versus outbreak status when contingency or crisis capacity may be needed. Facilities will learn to identify how regular workweek needs versus weekend or holiday needs may differ in terms of how to navigate the changing environment of PPE and COVID-19 testing needs. Participants will gain knowledge and insight on inventory rotation to prevent supplies from expiring as well as the unique needs of stand-alone facilities versus those of corporate chains. Case examples are utilized to engage learners in accessing the situation and identifying best practices moving forward. Participants also gain knowledge and skills about how to predict when acute shortages may occur and how to navigate the process of accessing facility needs and adjusting based on the assessment findings.

**CEs:** 4.50 NAB approved CEs and 4.50 contact hours for nurses through the lowa Board of Nursing will be awarded upon course completion and successful completion of a quiz.

Cost: \$199 AHCA/NCAL Members \$650 Non-members

**Audience**: Nurses, Administrators, Nursing Home Leadership/Management (Clinical & Non-Clinical Leaders)

#### **Visit**

## **PPEsupplytraining.com**

#### to learn more.





## **Water Management**

Post-acute, assisted living and skilled nursing facilities provide care and services to vulnerable populations who may become critically ill when steps are not taken to reduce the risk of waterborne diseases. To maintain daily operations and care services, long term care facilities need to develop an effective water management plan to prepare for, respond to, and recover from a total or partial interruption of the facility's normal water supply. The water management course provides post-acute and long-term care facilities with information about what a water management plan is, how to identify the elements of an effective water management program, and how to develop and maintain a comprehensive water management program in your facility.

#### Cost:

\$25 AHCA/NCAL Member

\$65 Non-member

CEs: None

**Audience**: Administrators, building operation engineers and maintenance personnel.

#### Visit

www.educate.ahcancal.org/p/WaterManagement

to learn more.





## PHI Coaching Supervision®

PHI Coaching Supervision® promotes an approach to management that values and respects workers by creating and maintaining positive relationships and modeling effective communication. The goal of this training is to strengthen the core communication skills that are essential to good supervision: active listening; self-management and self-reflection; and clear, non-judgmental communication. Supervisors who use the approach find that with clear communication, high expectations, and supportive problem-solving, they can significantly reduce disciplinary actions and turnover among frontline workers while also improving relationships. Nurses and other managers are then able to reduce time spent handling complaints and daily operational issues. In turn, these outcomes contribute to better quality care and more satisfied clients.

**CEs**: 4.50 NAB approved CEs and 4.50 contact hours for nurses through the lowa Board of Nursing will be awarded upon course completion.

#### Cost:

\$350 AHCA/NCAL members

\$650 Non-members

**Audience**: supervisory staff, including nurse supervisors, department heads, home care managers, and service delivery coordinators.

#### **Visit**

## PHICoaching.com

#### to learn more.





## **Pioneering Solutions to the Workforce Crisis**

By the year 2024, direct care workers are projected to add more new jobs in our economy than any other single occupation. The ability to achieve and sustain a competitive edge in this difficult labor market will require intentional steps to be the employer of choice in your community. This introductory webinar explores the demographics influencing the availability of workers, discusses threats stemming from other service sectors, and share a range of innovative practices from quick wins to longer term strategies that lead to significant improvements in recruitment and retention.

CEs: None

Cost:

\$25 AHCA/NCAL members

\$60 Non-members

**Audience**: Skilled nursing and assisted living supervisory staff, including nurse supervisors, department heads and service delivery coordinators.

#### **Visit**

www.educate.ahcancal.org/p/workforcecrisis

to learn more.





## **AHCA/NCAL Gero Nurse Prep**

Specifically designed for registered nurses working in long term care, the AHCA/NCAL <u>Gero Nurse Prep course</u> provides comprehensive online training that leads to <u>board certification in gerontological nursing</u> by the <u>American Nurses Credentialing Center</u> (ANCC) for RNs.

Research released by AHCA/NCAL in 2019 found that nursing facilities with at least one ANCC Board certified RN experienced fewer deficiencies, had lower re-hospitalization rates, lower rates of off-label use of antipsychotics and were twice as likely to be CMS 5-Star facilities.

Nurses who complete Gero Nurse Prep show an average 24 percent increase between their pre- and post-course test scores. Gero Nurse Prep grads who choose to sit for the ANCC gerontological nursing certification exam (\$395 separate fee paid to ANCC) have a pass rate of 95% on their first try. RNs who pass the ANCC exam can then use the GERO-BC™ credential after their RN credential.

**CEs**: 30 nursing contact hours – enough to meet the criteria for taking the ANCC certification exam

**Cost**: \$790 (AHCA/NCAL members can use the **AHCAPAYLESS** promo code when registering and save \$100 off the regular \$790 Gero Nurse Prep registration fee.)

**Audience**: All RNs and BSNs. ANCC has additional requirements that must be met to sit for the ANCC certification exam.

Visit

www.geronurseprep.com

to learn more.





## **QAPI Prep**

QAPI is the key to continuous growth and sustained performance improvement. An effective QAPI program requires full interdisciplinary team participation and a data-driven approach that can be turned into action plans that minimize risk, maximize efficiencies, and improve resident outcomes.

This AAPACN-developed education program will help AHCA/NCAL members:

- Conduct a Root Cause Analysis with simple directions and realistic examples
- Lead an effective and efficient team meeting using a tip sheet to assist with agenda preparation
- Use team decision-making techniques that can be applied to many different situations
- Become comfortable using data to drive improvement and prioritize what corrective actions should be taken
- Work through a PIP by following a realistic example of a Hand Hygiene Compliance PIP

CEs: 16.21 ANCC CEs for nurses and 18.50 NAB CEs for administrators.

Cost: \$437.00

**Visit** 

www.QAPIprep.com

to learn more.





#### Creating Inclusive Communities for LGBTQI and HIV+ Older Adults

What are some of the unique concerns, needs, and strengths of your residents who are also lesbian, gay, bisexual, and/or transgender? How can your staff make sure that all residents, including LGBT people, are safe and affirmed in your community? This training will cover the key information and skills that are key to creating an inclusive environment. The training focuses on terminology, the history of the LGBT experience, and common questions and scenarios to make sure your staff is skilled at LGBT cultural competency.

After completing this online learning module, participants will be able to:

- Describe the unique needs of LGBT older adults.
- Provide reasons why LGBT older adults may hide their LGBT identities or be fearful of accessing services.
- Identify practices to create a more welcoming and supportive environment

**Audience**: All staff and leadership in long-term care facilities.

**CEs:** 1.25 NAB approved CEs upon course completion.

Cost: \$150 for course offering NAB CEs

Facility Group/ Team Purchase Option is available. This option does not offer CEs to the group. Group subscriptions are valid for 18 months from date of purchase.

#### **Group Registration Cost**:

- \$400 for facilities with staff 1-25
- Additional group rates for facilities with 25+ staff

#### Visit

## **CreatingInclusiveCommunities.com**

#### to learn more.





## **Revenue Cycle Management Academy**

Revenue Cycle Management (RCM) Academy offers training about a holistic interdisciplinary approach toward revenue management. RCM can be implemented in a building, more broadly or as an organization-wide approach to enhance revenue by minimizing losses from payments that too often are unnecessarily lost or overlooked.

RCM Academy offers the information and tools necessary for skilled nursing provider facilities to understand and implement systems that lead to high-functioning revenue cycle management (RCM) teams. This training delivers the information, practical tools, and approaches necessary for team members to apply their RCM knowledge and implement daily processes that maximize revenue and minimize avoidable losses.

The first RCM Academy learning modules cover topics which include:

- An RCM overview and attributes of high performing teams
- Systems to assure proper and timely payment
- · Best practices for managing different payor sources

To bolster the learning experience, the RCM Academy also includes bonus webinars profiling providers' real-life experiences running effective RCM programs. Additional webinars and resources will be developed throughout 2022.

**CEs**: 6.75 NAB approved CEs

Cost:

\$350 AHCA/NCAL members

\$650 Non-members

**Audience**: All skilled nursing facility administrators, assistant administrators, DONs, ADONs, MDS coordinators, nurse leaders, admissions staff and billing office personnel

#### Visit

## RCMacademy.ahcancal.org

to learn more.





#### **Trauma-Informed Care**

Trauma-Informed Care (TIC) is a regulatory requirement for nursing facilities. TIC is also an approach to care that requires specific staff competency as well as a system of care delivery to achieve the intent of the regulation and provide the necessary support to care for residents who may suffer from trauma.

This nine-module course provides education to help nursing home providers implement TIC in their facility with staff who are appropriately trained and competent to care for residents who are at risk for re-traumatization. The joint AAPACN/AHCA-developed training contains foundational steps and practical recommendations that can help improve resident outcomes.

CEs: 5.10 ANCC CEs for nurses and 5.75 NAB CEs for administrators.

Cost:

\$350 AHCA/NCAL Members

\$650 Non-members

Audience: Nurses, clinical leaders and administrators.

#### Visit

### TraumaCareTraining.com

#### to learn more.





## **CARES Online Dementia Care Trainings**

HealthCare Interactive's CARES® <u>Dementia Basics™</u> module is recognized by the Alzheimer's Association® for successfully incorporating the evidence-based Dementia Care Practice Recommendations in the following topic areas: Alzheimer's and dementia, person-centered care, assessment and care planning, activities of daily living, and behaviors and communication. This course is also available in Spanish.

CARES® training is unique because it also includes actual direct-care video "before and after" training with an easy-to-use, easy-to-remember approach to dementia care called the CARES® Approach (C-Connect, A-Assess Behavior, R-Respond, E-Evaluate, and S-Share). The CARES® Approach can be used in any situation, with any person with dementia, and at any stage of the disease.

After staff complete CARES® *Dementia Basics*, consider additional CARES online programs including:

- CARES® Dementia Advanced Care™
- CARES<sup>®</sup> Dementia-Related Behavior<sup>™</sup>
- CARES<sup>®</sup> Activities of Daily Living<sup>™</sup>
- CARES<sup>®</sup> End-of-Life Dementia Care<sup>™</sup>
- CARES<sup>®</sup> Dementia Care for Families<sup>™</sup>
- CARES<sup>®</sup> Elder Abuse Awareness & Prevention<sup>™</sup>
- \* CARES® Serious Mental Illness™ Online Training Program
- CARES<sup>®</sup> Dementia-Friendly Hospitals<sup>™</sup>

**CES**: None. Certification is available through HealthCare Interactive.

**Cost**: \$99 per individual course per person. Multi-user and site licenses available. All AHCA/NCAL members receive a 15% discount on all purchases when using **promo code AHCA15** at checkout.

Audience: All nursing facility and assisted living staff.

Visit
www.hcinerative.com
to learn more.





#### AHCA Requirements of Participation eCompetencies®

AHCA Requirements of Participation eCompetencies® is designed specifically to help skilled nursing facilities comply with F-Tag 726 under CMS' Requirements of Participation (ROP). The program offers an extensive library of evidence-based skills checklists that allow evaluators to assess and document staff skills in real time. Videos are included to aid in skill progression and remediation. AHCA's ROP eCompetencies® is a comprehensive competency tool that is inter-disciplinary and relevant to all skilled nursing facility staff.

#### One-Year Subscription Cost:

- AHCA/NCAL Member Pricing for facilities with 0-200 Staff Members per facility: \$1,500.00
- AHCA/NCAL Member Pricing for facilities with 201+ Staff Members per facility: \$2,000.00
- AHCA/NCAL Non-Member Pricing for facilities with 0-200 Staff Members per facility: \$2,000.00
- AHCA/NCAL Non-Member Pricing for facilities with 201+ Staff Members per facility: \$2,500.00

Audience: All nursing facility staff.

CEs: None.

Visit www.AHCAecomp.com to learn more.





#### Person-Centered Care in a PDPM World

This four-module course is designed to improve person-centered care for post-acute care (short stay) residents under the PDPM payment system. Since the PDPM model was a wholesale shift in payment and delivery, initial training mechanisms focused on the new system components. Now that those immediate change needs have been adopted, education and training on best practices for implementing person-centered care should be reviewed to fully adopt CMS's vision for the PDPM model. This course will define person-centered care and show how it is a key feature in PDPM and when implemented can improve care practices that lead to better patient outcomes.

**CEs**: 4.0 contact hours approved for nurses through the lowa Board of Nursing.

Cost:

\$350 AHCA/NCAL Members

\$650 Non-members

#### Audience:

Designed to be appropriate for all facility staff, the first three modules can be done as a team or individuals. The final module consists of role-specific course content for either administrators, clinical professionals (Nursing/Rehab therapies), Nursing Assistants, or other essential facility staff. The presentation modules and accompanying fact sheets, and either team exercise or case studies, are designed to promote team application of the concepts into their clinical practice and to elevate person-centered care throughout the organization.

#### **Visit**

www.educate.ahcancal.org/p/PDPMworld

to learn more.





## **Functional Outcomes Improvement Training**

Skilled nursing care providers improve the lives of the residents they care for in a number of ways, including improving their functional outcomes and independence. The Medicare Payment Advisory Commission (MedPAC), the IMPACT Act, and CMS all called for the development of functional improvement measures based on the self-care and mobility sections of the Continuity Assessment Record and Evaluation (CARE) tool. Maintaining or improving mobility and self-care abilities is important to healthy aging and maximizing independence. This course provides specialized training for those who are interested in improving functional outcomes, improving quality, and improving services. It advances the knowledge, skills and attitudes by providing a wide array of learning tools and resources to meet the needs of various staff and departments.

**CEs**: 6.5 NAB CE credits for administrators and 6.0 contact hours for nurses through the lowa Board of Nursing.

Cost: \$199 AHCA/NCAL Member | \$650 Non-member

**Audience**: Nurses, CNAs, therapists, activities staff and others responsible for improving functional outcomes will learn from this course.

#### Visit

www.educate.ahcancal.org/p/FunctionalOutcomesImprovement

#### to learn more.





# High-Intensity Physical Rehabilitation in Medically Complex Populations

Many older adults are at risk for functional decline due to underlying medical complexity, as well as deconditioning following a bout of inpatient care. This course presents an evidenced-based approach for the implementation of a high intensity progressive rehabilitation paradigm, offered as an evolution of current, lower intensity post-acute treatment approaches to address this constellation of needs. Rehabilitation professionals (Physical Therapist & Physical Therapist Assistant; Occupational Therapist & Occupational Therapy Assistant) will have access to an interactive multimedia learning experience including responsive, self-paced presentation of foundational concepts, simulated case scenarios, and a moderated discussion environment for learning with fellow clinicians – all informed by the latest learning science and innovative technology.

CEs: N/A

Cost:

\$495 member and for an employee or contracted employee registering as affiliated with an AHCA member facility

\$595 non-member registrants

**Audience**: Rehabilitation professionals (Physical Therapist & Physical Therapist Assistant; Occupational Therapist & Occupational Therapy Assistant)

#### **Visit**

https://educate.ahcancal.org/p/restore

to learn more.

If you need assistance accessing ahcancalED, e-mail <u>educate@ahca.org</u> with your name and facility contact information.





## **Population Health Management (PHM) Innovation Lab**

#### Population Health Management Fundamentals

Population Health Management (PHM) is a term that describes the application of various interventions and strategies aimed at improving the health outcomes and managing the costs of a targeted group of individuals. PHM models vary based on the degree of risk, degree to which payment is tied to quality, reliance on data analytics, and level of care coordination.

Historically, population health models have been led by hospitals, health systems, physician groups and large insurance organizations. More recently long-term care (LTC) and post-acute care (PAC) providers have been assuming a leadership role in developing and employing some PHM models.

#### Accountable Care Organizations

Accountable Care Organizations (ACOs) are one of the largest alternative payment models in Medicare, and they also exist in Medicaid and commercial payors.

ACOs are networks of physicians, hospitals, and other healthcare providers that voluntarily come together to coordinate care and manage the total costs of a defined population, sharing in the financial risks and rewards of performance against benchmarks and on patient outcomes.

#### **Bundled Payments**

Bundled payments are a type of alternative payment model designed to incentivize high quality, cost-effective care. Bundled payments, also known as episode-based payments, are single payments for all care and services provided, which could include multiple settings, for a single condition over a defined period of time (episode of care).

#### **Emerging Models: Direct Contracting**

Direct Contracting (DC) is part of The Center for Medicare and Medicaid Innovation's (CMMI) Primary Cares Initiative and was released in April 2019. It is one of the newest Medicare fee-for-service (FFS) risk sharing models built on lessons learned from the Medicare Shared Savings Program (MSSP) and Next Generation ACOs (NGACOs) and leverages innovative approaches from Medicare Advantage (MA) and private sector risk-sharing arrangements. The design is intended to broaden participation beyond current participants in Medicare FFS risk models by attracting traditional providers new to risk as well as other innovative partnerships/organizations looking to take risk for Medicare FFS beneficiaries.

#### Managed Care

Managed care involves a healthcare delivery system that encompasses care, services, and payment and seeks to control costs and enhance quality through the establishment of provider networks and employment of utilization management strategies.





#### **Provider Networks**

Provider networks are a joint venture of independent providers that come together to focus on the benefits for the residents, enhance quality outcomes, and work on value-based reimbursement.

CEs: N/A

Cost: Free to AHCA/NCAL members

#### **Visit**

## PHMInnovationLab.com

#### to learn more.